



10th Annual | 2011 | Pathways for Keene



Cheshire Medical Center
Dartmouth-Hitchcock Keene



YANKEE
MAGAZINE



THE KEENE SENTINEL



Thom Little Associates



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Event

- July 4, 2011 – Keene, NH
- Sign in opens 7:00am – Walk – 8:00am – Run 8:30am
- www.tlaorg.org/pathways for information
- Flat four mile course (4 miles minus 143 feet).
- Surface – asphalt and gravel – one short area of grass.
- Most of course far away from traffic – traffic police controlled.
- Keene location in Southwest New Hampshire.
- At least **500** runners and walkers expected to participate.

Registration and Categories

- Race will be held rain or shine.
- Donation – **\$20.00** (\$15.00 tax deductible).
- Runners – male and female – overall, under 20, 20-29, 30-39, 40-49, 50-59, 60-69, over 69
- Walkers – male and female – overall

Other Information

- All registered runners and walkers ...
- Coveted event t-shirt
- Food and water
- Eligible for prize drawings
- Awards and prizes at 9:45am at Start/Finish line
- No strollers, bicycles, jogger buggies, or pets allowed (because of our insurance).
- Entry and results – www.tlaorg.org/pathways
- Net Proceeds ... **\$18K** to build **North Bridge** over Route 9/10/12 (\$100K total) and **\$30K** to build **Roundhouse-T Phase II** between School and Island streets.
- Make checks payable to Pathways for Keene, Inc.
- Mail this signed entry page and check to:
Pathways for Keene, Inc.
PO Box 226
Keene, NH 03431-0226 USA
- Submit only full-sized (8.5x11) signed entry pages.

– Commemorative Wicking T-shirt (\$25.00) and Coffee Mug (\$5.00) sold at Ted's Shoe & Sport and check-in area –
– Register by July 3rd and get the cotton t-shirt in the size you requested below at check-in area on July 4th –

Name: _____ Phone: _____
 Street: _____ E-mail: _____
 City: _____ T-Shirt: ____ [S-M-L-XL] Run/Walk: ____ [R-W]
 State: _____ Zip: _____ Age: ____ [July 4, 2011] Sex: ____ [F-M]
 Bib#: _____ Check#: _____

 **Champion:** ____ [Y-N]
VISION2020

In consideration of the acceptance of this entry, I do hereby for myself, heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against Pathways for Keene, Inc., the City of Keene, the State of New Hampshire and all of its officers and/or representatives and any other race officials, organizations, sponsors, and volunteers for any injury that may occur as a result of participating in this event. I also grant permission to use my name, picture or video of me participating for any purpose without obligation to me.

Signed: _____ Date: _____

Signed: _____ Date: _____

[Parent or guardian if entrant is under 18]

– Unsigned or illegible entry pages will be rejected –

– Submit full sized 8.5x11 entry page with payment –

4 on the 4th

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